Sunday 9th March 2025 The First Sunday in Lent

Almighty God, your Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

A reading from Deuteronomy (26.1-11)

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us.' When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me.' You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

This is the word of the Lord. Thanks be to God.

Psalm 91. 1-11

- $1\,$ Whoever dwells in the shelter of the / Most / High: and abides under the / shadow / of the Al/mighty,
- 2 Shall say to the Lord, 'My refuge / and my / stronghold: my God, in / whom I / put my / trust.'
- 3 For he shall deliver you from the / snare of the / fowler: and / from the / deadly / pestilence.
- 4 He shall cover you with his wings and you shall be safe / under his / feathers: his faithfulness shall / be your / shield and / buckler.

- 5 You shall not be afraid of any / terror by / night: nor of the / arrow that / flies by / day;
- 6 Of the pestilence that / stalks in / darkness: nor of the sickness / that des/troys at / noonday.
- 7 Though a thousand fall at your side * and ten thousand at / your right / hand: yet / it shall / not come / near you.
- 8 Your eyes have only / to be/hold:to see the re/ward / of the / wicked.
- 9 Because you have made the / Lord your / refuge: and the / Most / High your / stronghold,
- 10 There shall no evil / happen to / you: neither shall any / plague come / near your / tent.
- 11 For he shall give his angels / charge / over you: to / keep you in / all your / ways.

A reading from Romans (10.8b-13)

'The word is near you, on your lips and in your heart' (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.' This is the word of the Lord. **Thanks be to God.**

Listen to the Gospel of Christ according to St Luke (4.1-13) **Glory to you, O Lord.**

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone." Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him."' Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."' Jesus answered him, 'It is said, "Do not put the Lord your God to the test."' When the devil had finished every test, he departed from him until an opportune This is the Gospel of the Lord. Praise to you, O Christ. time.

ALL SAINTS CHURCH, OYSTERMOUTH AND NORTON CHURCH

WELCOME TO OUR WORSHIP TODAY.

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9th March 2025 - The first Sunday of Lent

HYMNS AT OUR CHORAL EUCHARIST: 144,172, 167, 293

TODAY	8.30 am 10.00 am	Holy Eucharist (All Saints) Choral Eucharist (All Saints) - followed by tea / coffee
TUESDAY	10.30 am 2.00 pm	Chat a Coffee - all welcome Norton Craft Group - all welcome
WEDNESDAY	10.30 am 12.00 pm 1.30 pm 6.00 pm 7.00 pm	
THURSDAY	10.30 am 12.45 pm 1.30 pm	Coffee & Catch up (Norton) Funeral of Margaret David in All Saints 'Warriors' Church and Grounds working group - all help very welcome.
FRIDAY	7.00 pm	Concert in All Saints by the <i>Good for the Soul Singers</i> (entry £12)
SATURDAY	10.30 am	Coffee morning in the lower church rooms to discuss the Easter egg and Easter wreath making events. All are welcome.
NEXT SUNDAY	8.30 am 10.00 am 11.30 am	16 th March - Lent 2 Holy Eucharist (All Saints) Choral Eucharist (All Saints) - followed by tea / coffee Sung Eucharist (Norton)

Weekly Bulletin:

Do take this sheet home with you to remind you of what's on.

Pastoral Visiting:

please let me know of those in need of visiting (at home or in hospital). Your support is vital to ensure no-one is overlooked.

Tenby trip: Wednesday 18th June. £15 per head. The bus is now full. We have a reserve list if anyone wants to be added. Can we please have your payments as soon as you can.

Good Friday Children's Craft event : 18th April 9.30 to 11 a.m. - if you can help out please let Liz Brent or myself know. Crafts can be prepared for you or you can share your own ideas. The event will finish in time for those who wish to join the Mumbles Churches Good Friday prayers to do so, as these will be taking place in our grounds this year.

Stations of the Cross: throughout Lent (starting this Wednesday) a 30 minute service led by Fr. Robert will take place in All saints. All are welcome.

Swansea Bay Symphony Orchestra Concert : in All Saints on Saturday 29th March at 7 p.m. See posters for details / tickets information.

Welsh Coffee Morning: every Tuesday 10.30 to 11.30 - all very welcome to come and chat in welsh (whatever your level) and enjoy the company.

Clydach Passion Play: will be performed in All Saints on Sunday 23rd March at 7 p.m. No tickets needed. All welcome.

Easter Egg decorating workshop on Friday 28th march (2-4 pm) and **Easter Wreath Making workshop** on Friday 4th April (2-4 pm). Please speak to Anne or Elaine for details. A Coffee , Cake and Craft morning will be held next Saturday to discuss ideas. All are very welcome.

Men's Society: Dorian has arranged for us to hold our first meeting of the Men's Society on **Monday 17th March at 6.30 p.m. in the Waterloo.** A light buffet will be served at 7 pm. (donations are requested to help cover costs). At this first meeting a discussion will be held about how Men's society will run e.g. venue , how often , if we want speakers / food etc. Do try and join us if you can. Please let Dorian know to make sure enough are catered for.

Thank you: to all who came to Rob Pendry's Wales Nostalgia evening. Over £600 was raised for church funds.